

## Tilted fiber Bragg gratings (TFBGs): From multiparametric sensors to plasmonic biosensors

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Optica Webinar, 7<sup>th</sup> September 2023



European Research Council



# TFBGs are the subject of several hundreds of publications!

## Seminal papers

INSTITUTE OF PHYSICS PUBLISHING  
Meas. Sci. Technol. 12 (2001) 765–770

MEASUREMENT SCIENCE AND TECHNOLOGY  
www.iop.org/Journals/mt PII: S0957-0233(01)20371-3

### Tilted short-period fibre-Bragg-grating-induced coupling to cladding modes for accurate refractometry

G Laffont and P Ferdinand

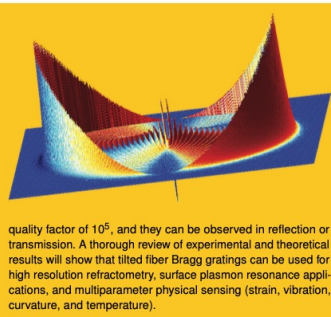
CEA-LIST-DIMRI/SIAR, Centre d'Etudes de Saclay, F 91191 Gif-sur-Yvette, France

## Important reviews

Laser Photonics Rev., 1–26 (2012) / DOI 10.1002/lpor.201100039

LASER & PHOTONICS  
REVIEWS

**Abstract** Optical fiber gratings have developed into a mature technology with a wide range of applications in various areas, including physical sensing for temperature, strain, acoustic waves and pressure. All of these applications rely on the perturbation of the period or refractive index of a grating inscribed in the fiber core as a transducing mechanism between a quantity to be measured and the optical spectral response of the fiber grating. This paper presents a relatively recent variant of the fiber grating concept, whereby a small tilt of the grating fringes causes coupling of the optical power from the core mode into a multitude of cladding modes, each with its own wavevector and mode field shape. The main consequence of doing so is that the differential response of the modes can then be used to multiply the sensing modalities available for a single fiber grating and also to increase the sensor resolution by taking advantage of the large amount of data available. In particular, the temperature cross-sensitivity and power source fluctuation noise inherent in all fiber grating designs can be completely eliminated by referencing all the spectral measurements to the wavelength and power level of the core mode back-reflection. The mode resonances have a



quality factor of  $10^5$ , and they can be observed in reflection or transmission. A thorough review of experimental and theoretical results will show that tilted fiber Bragg gratings can be used for high resolution refractometry, surface plasmon resonance applications, and multiparameter physical sensing (strain, vibration, curvature, and temperature).

### Tilted fiber Bragg grating sensors

Jacques Albert<sup>1,\*</sup>, Li-Yang Shao<sup>2</sup>, and Christophe Caucheteur<sup>3</sup>

February 1, 2007 / Vol. 32, No. 3 / OPTICS LETTERS 211

### Plasmon resonances in gold-coated tilted fiber Bragg gratings

Yanina Y. Shevchenko and Jacques Albert

Department of Electronics, Carleton University, 1125 Colonel By Drive, Ottawa Ontario, K1S 5B6, Canada



### Mode-division and spatial-division optical fiber sensors

CHRISTOPHE CAUCHETEUR,<sup>1,\*</sup> JOEL VILLATORO,<sup>2,3</sup> FU LIU,<sup>4,5</sup> MÉDÉRIC LOYEZ,<sup>1,6</sup> TUAN GUO,<sup>4</sup> AND JACQUES ALBERT<sup>5</sup>

<sup>1</sup>Electromagnetism and Telecommunication Department, University of Mons, 31 Boulevard Dolez, 7000 Mons, Belgium

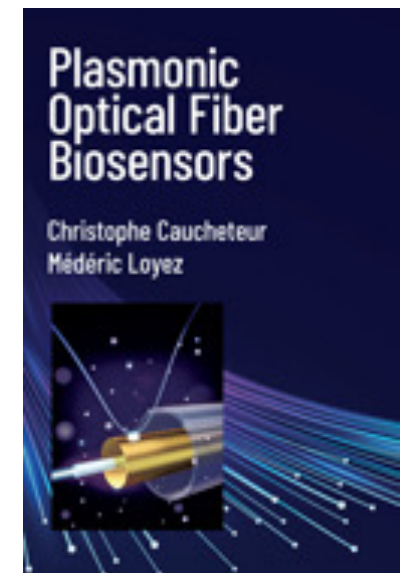
<sup>2</sup>Department of Communications Engineering, University of the Basque Country UPV/EHU, Plaza Torres Quevedo 1, E-48013 Bilbao, Spain

<sup>3</sup>IKERBASQUE, Basque Foundation for Science, E-48011 Bilbao, Spain

<sup>4</sup>Institute of Photonics Technology, Jinan University, 855 Xingye East Av, Guangzhou 511443, Guangzhou, China

<sup>5</sup>Department of Electronics, Carleton University, 1125 Colonel By Drive, Ottawa, ON K1S 5B6, Canada

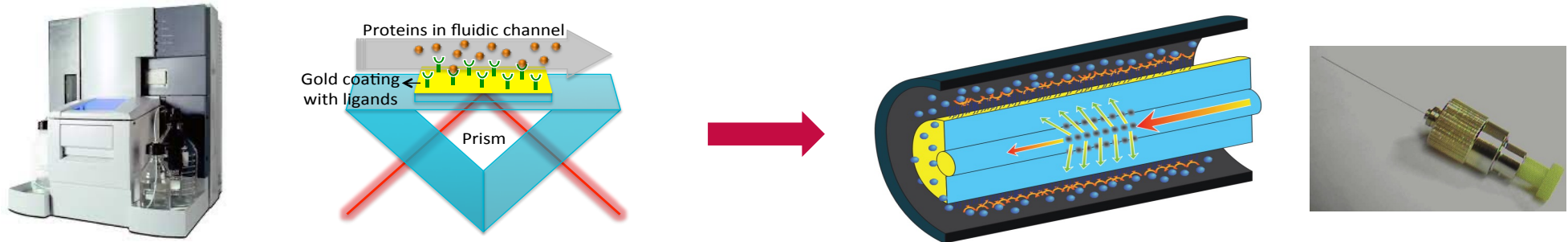
<sup>6</sup>Proteomics and Microbiology Department, University of Mons, 6 Avenue du Champ de Mars, 7000 Mons, Belgium



Artech House (2023)

## Rationale of our work

- Transpose the Kretschmann prism into an optical fiber counterpart



- Main advantages:

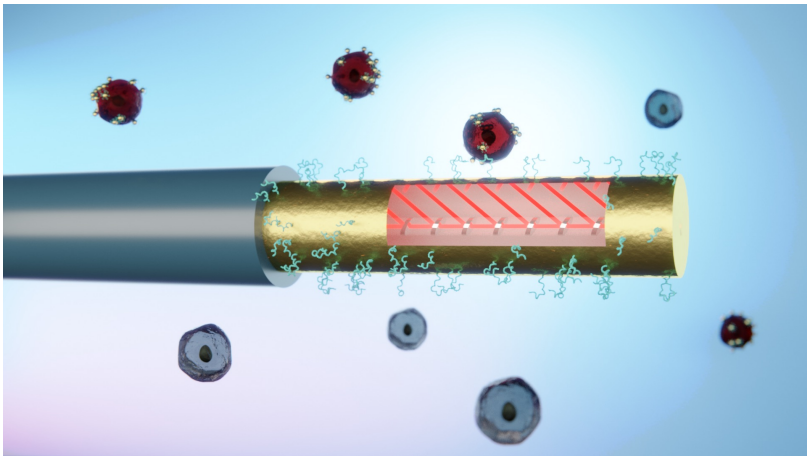
- Weak intrusion → *In situ* measurement possible
- Remote interrogation in very small volumes and real-time measurement

- We use near-infrared fiber Bragg gratings as spectral combs

- Our probes are able to excite **simultaneously but distinctively all** optical fiber **cladding modes**

## Research context

- ❑ Towards *in vivo* cancer diagnosis in areas of critical access
- ❑ Focus on clinically-relevant biomarkers for lung and breast cancers:  
Cytokeratins (**CK**)  
mammaglobins (**MAM**) and human-epidermal growth factor receptors-2 (**HER2**)
- ❑ Collaborations with Prof. J. Albert (Carleton U.) and T. Guo (Jinan U.)



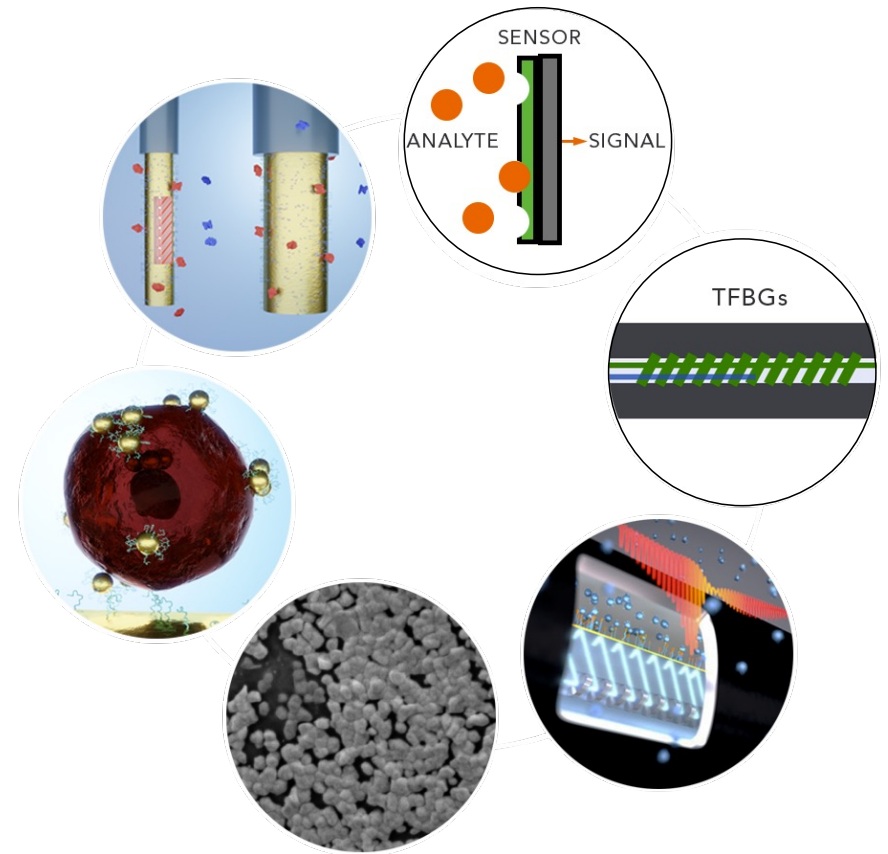
Our developments to achieve this:

1. Optical fibre with tilted Bragg grating inside
2. Bare surface or thin gold overlay
3. Bioreceptors grafted on the surface
4. *In vitro* assays

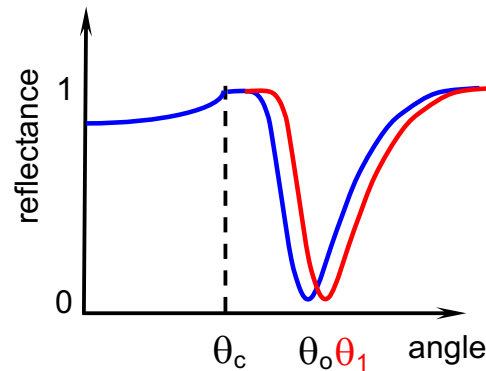
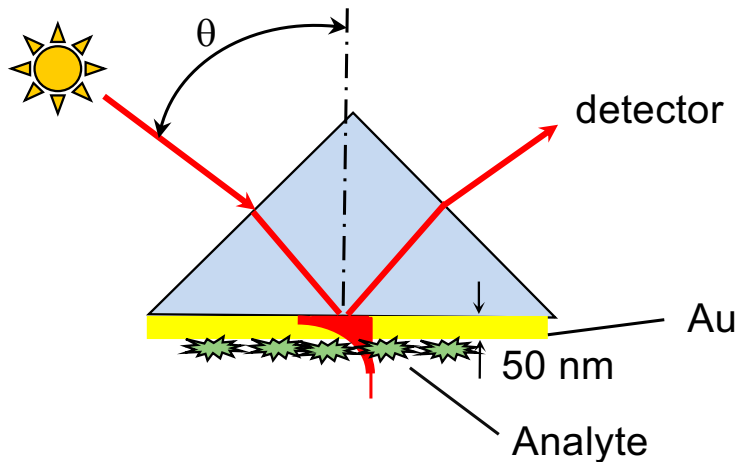


# Outline

- ❑ Basics on plasmonic sensors
- ❑ Gratings production
- ❑ Gold-coating process
- ❑ Biofunctionalization process
- ❑ Bioassays



# KRETSCHMANN prism configuration: Light coupling by exploitation of total internal reflections



**Surface plasmons** = Collective oscillation of electrons at the interface between a dielectric and a thin metal film

Evanescent wave characteristics:

- Near-field standing wave
- Extends about  $1/2 \lambda$
- Decays exponentially

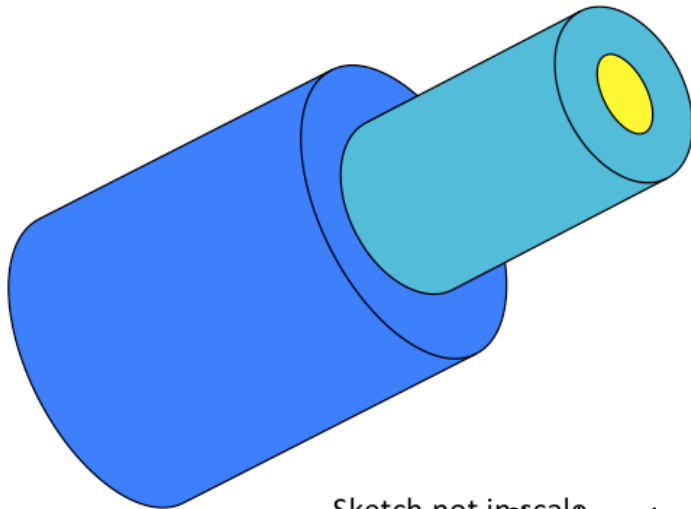
Configuration used to measure:

- Thickness changes
- Density fluctuation
- Molecular adsorption

We transpose this to single-mode optical fibers

# Our sensors are manufactured into telecommunication-grade optical fibers

Optical fiber: three concentric cylinders



- Sketch not in scale -

Core (5 – 8  $\mu\text{m}$ )

Cladding (125  $\mu\text{m}$ )

Polymer jacket (250  $\mu\text{m}$ )

Core:  $\text{SiO}_2 + \text{GeO}_2$  - Cladding:  $\text{SiO}_2$

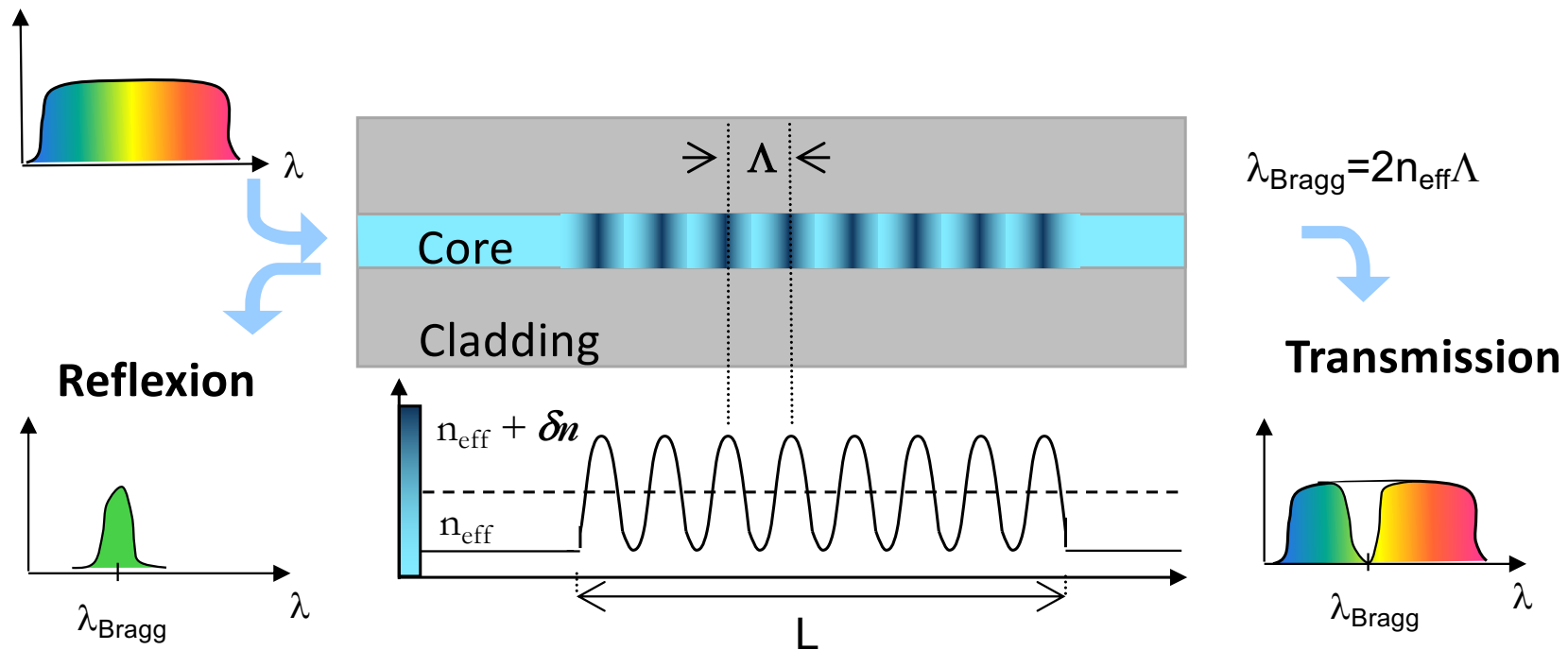
$n_{\text{core}} > n_{\text{clad}}$   $\rightarrow$  Light guidance by total internal reflections at the core-cladding interface (Cf. Snell law)

Single mode operation

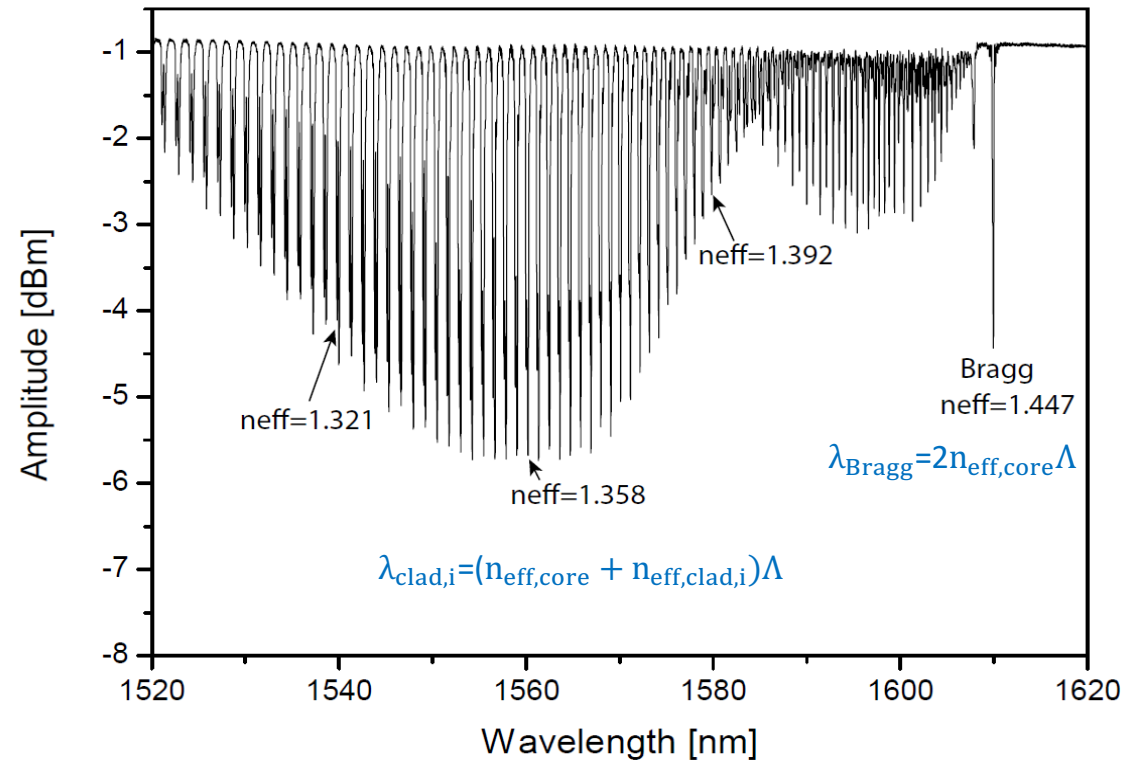
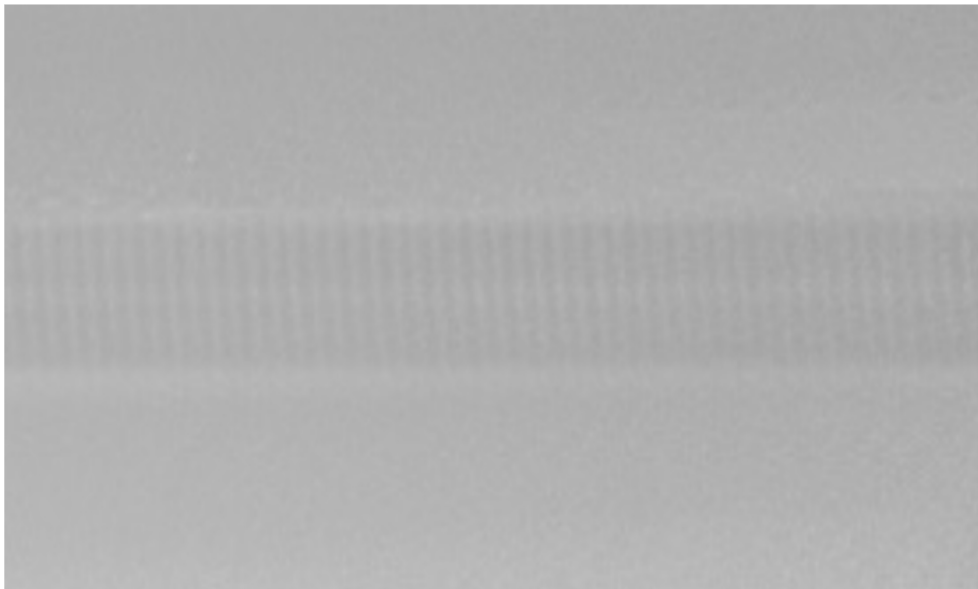
# FIBRE BRAGG GRATINGS (FBGs)

## The core is locally modified by photo-writing

- ❑ Periodic and permanent core refractive index modulation obtained by lateral illumination (interference of UV light)
- ❑ Index change possible thanks to the optical fiber photosensitivity



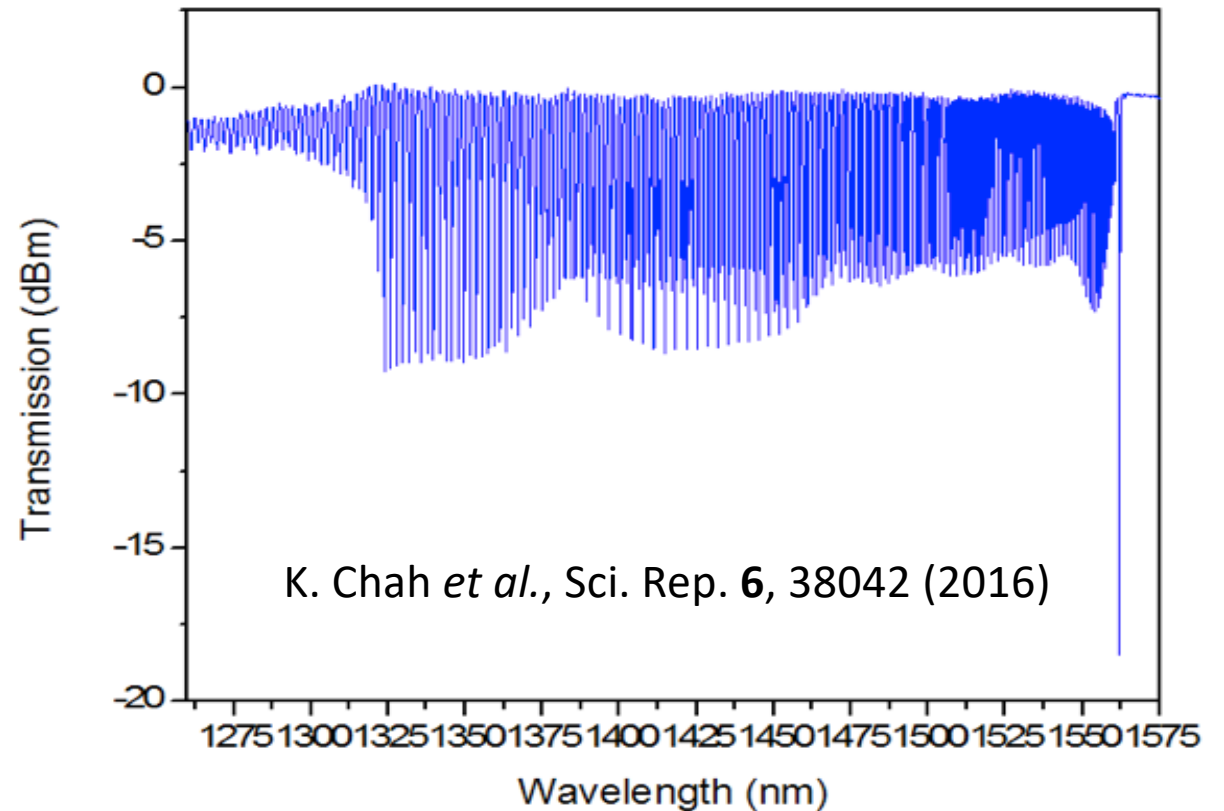
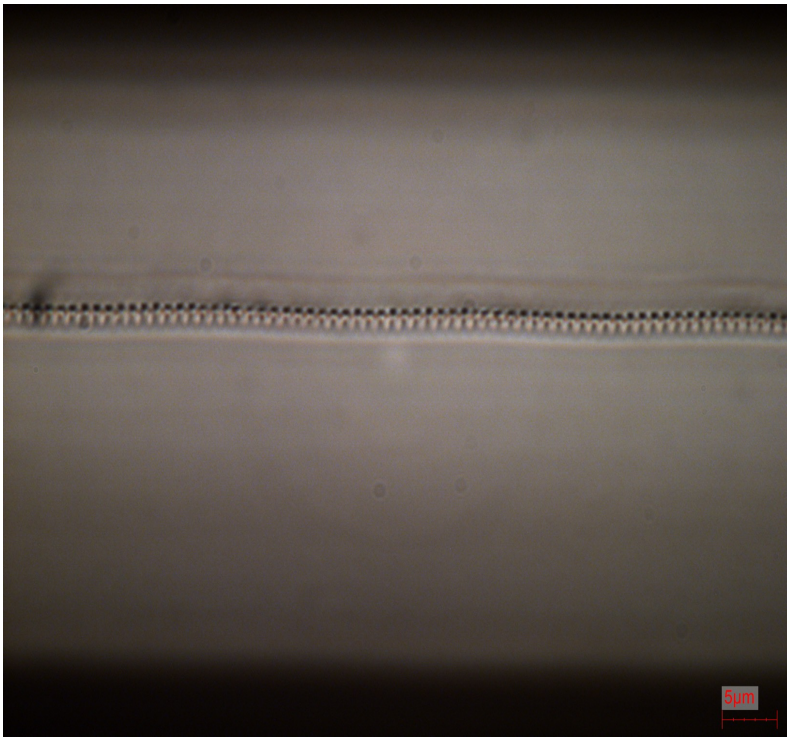
# We mainly rely on tilted fiber Bragg gratings (TFBGs)



Cylindrical symmetry broken → SPR generation in gold-coated gratings



## Eccentric gratings (EFGs) can also be used

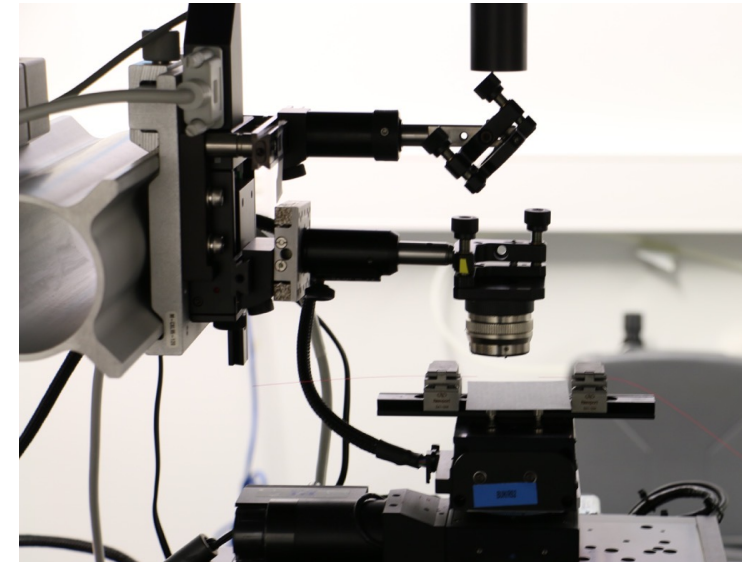
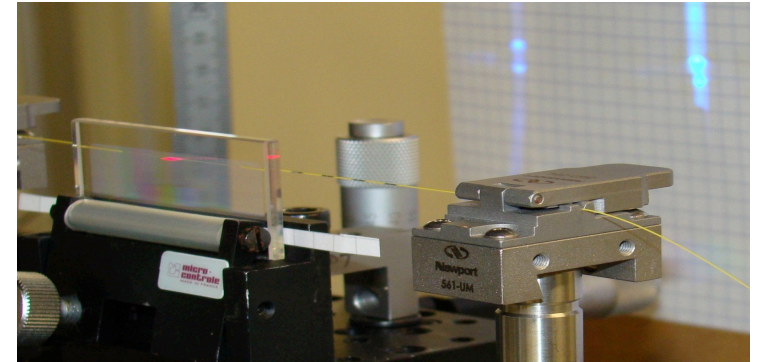


Cylindrical symmetry broken → SPR generation in gold-coated gratings

# We have several options to produce such gratings

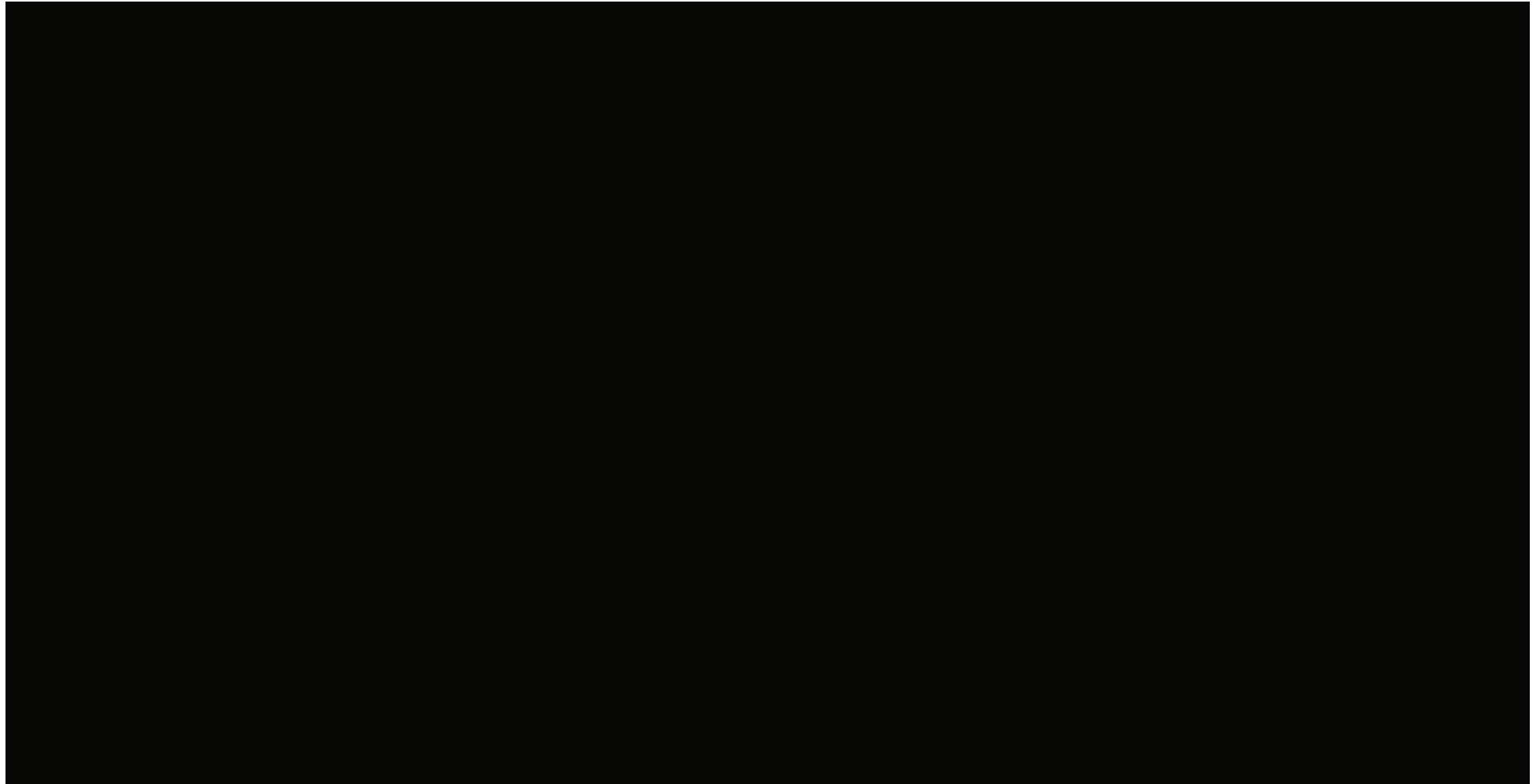
## TFBGs

- ❑ Phase mask tilted in the plane perpendicular to the incident laser beam
  - 193 nm (excimer laser – NORIA system)
  - 244 nm (frequency-doubled Argon laser)
  - 266, 400 or 800 nm (fs pulses laser)
- $L \sim 1 \text{ cm}$ ,  $\theta \sim [6^\circ - 10^\circ]$  to cover RI of liquids



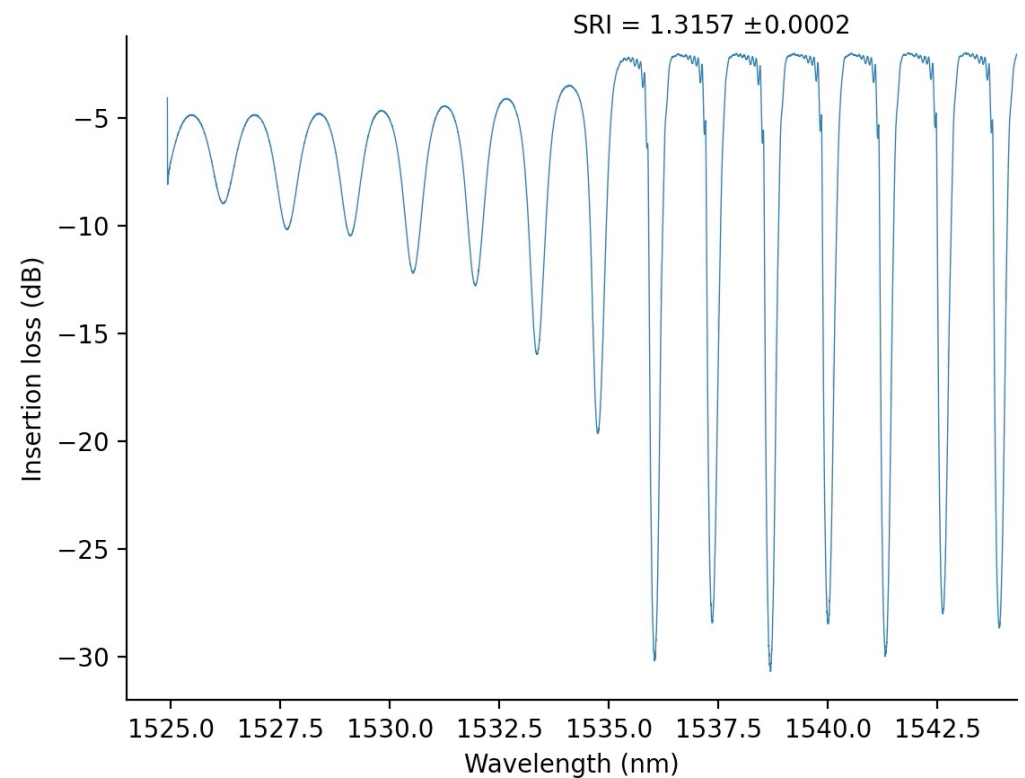
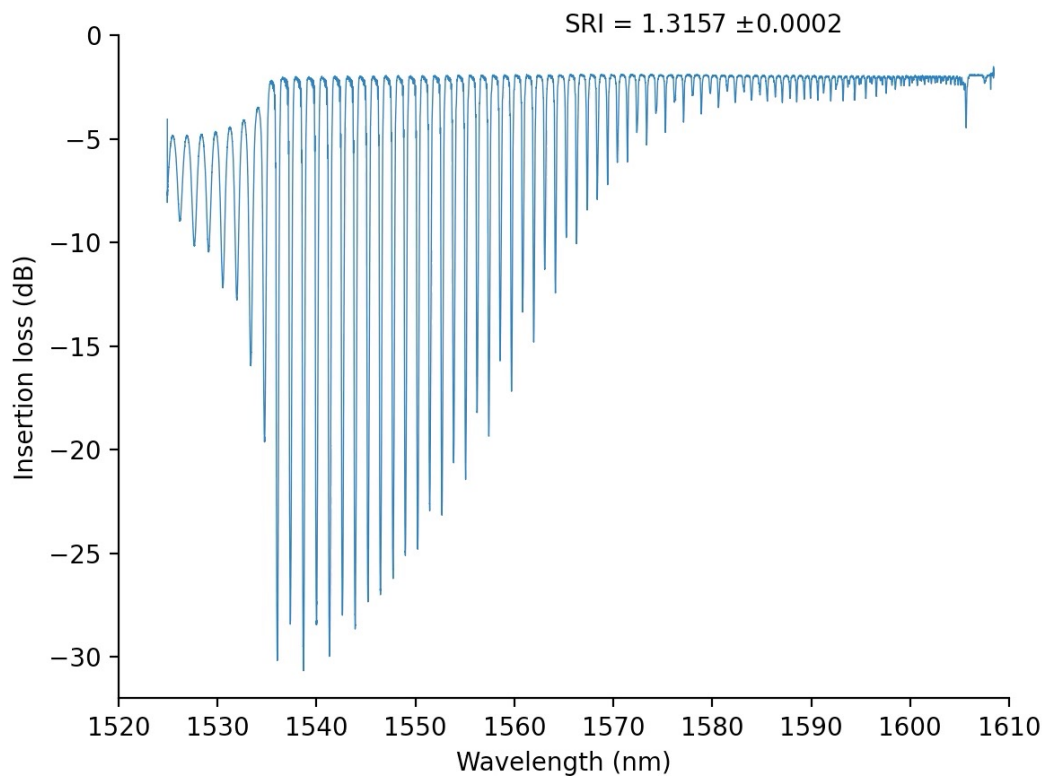
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## Focus on the NORIA Facility

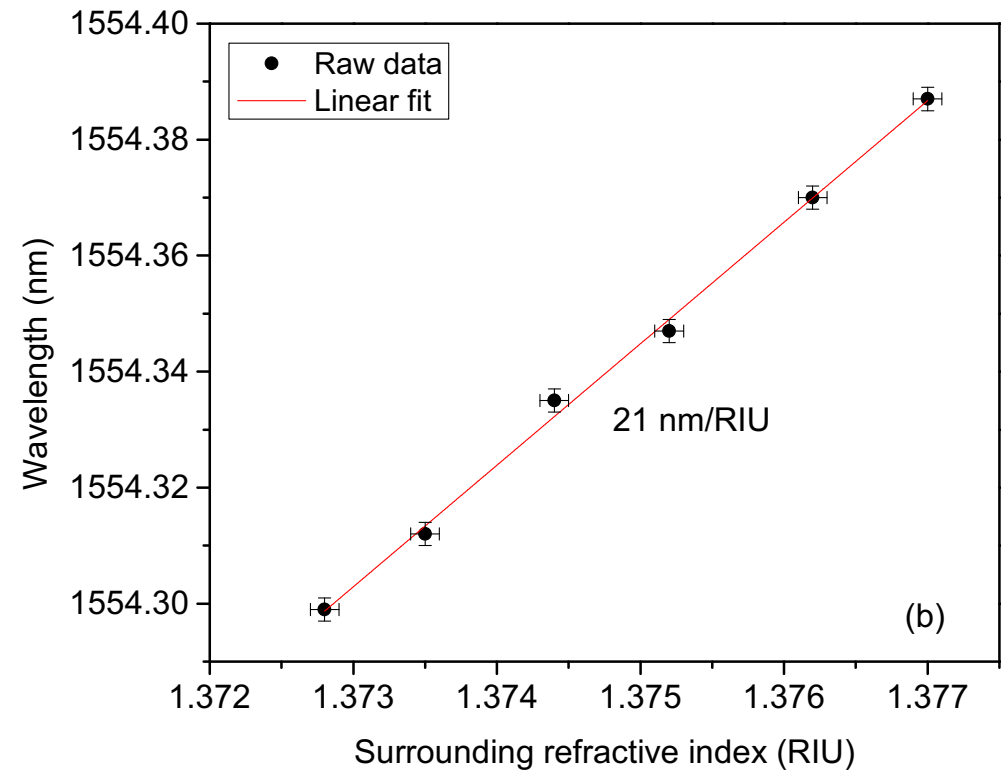
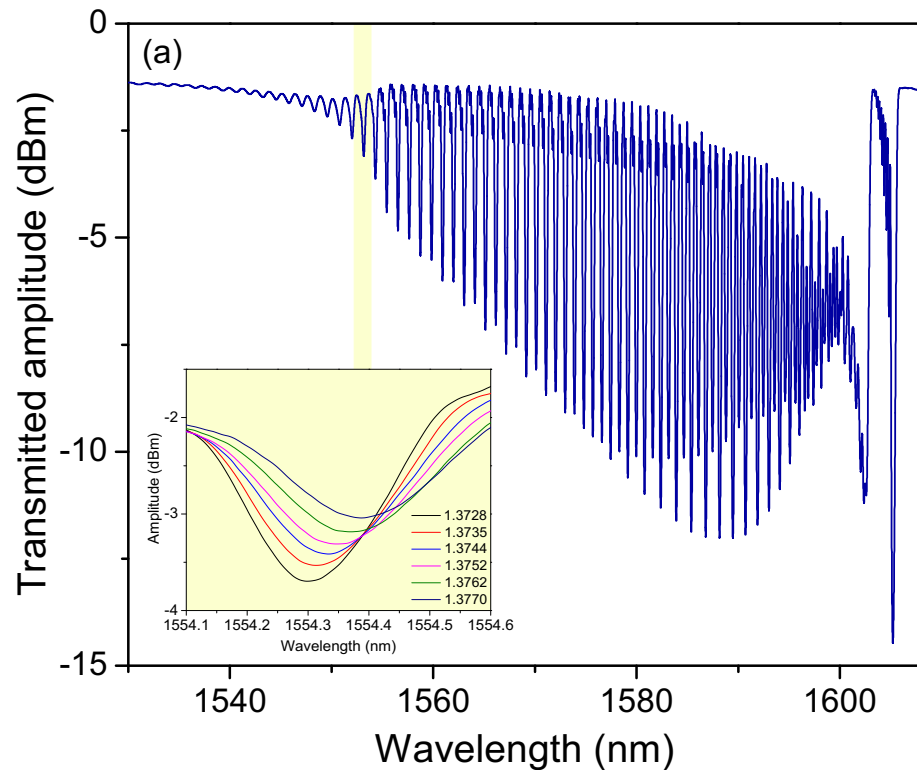


# For bare gratings, the cut-off mode is used to track slight surrounding refractive index changes (1/2)

Change of the surrounding refractive index



# For bare gratings, the cut-off mode is used to track slight surrounding refractive index changes (2/2)

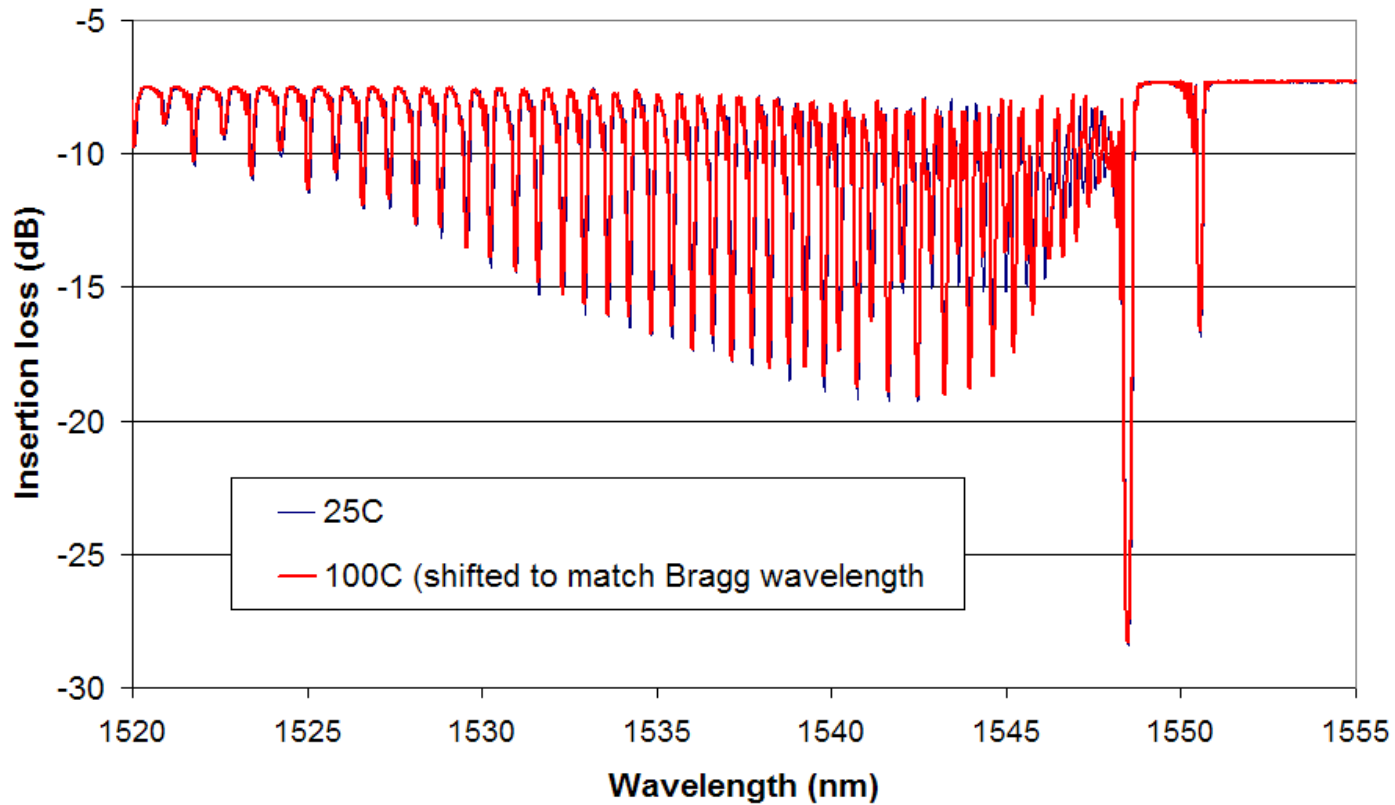


- Linear sensitivity:  $\sim 20$  nm/RIU
- Temperature self-compensation thanks to the core mode resonance



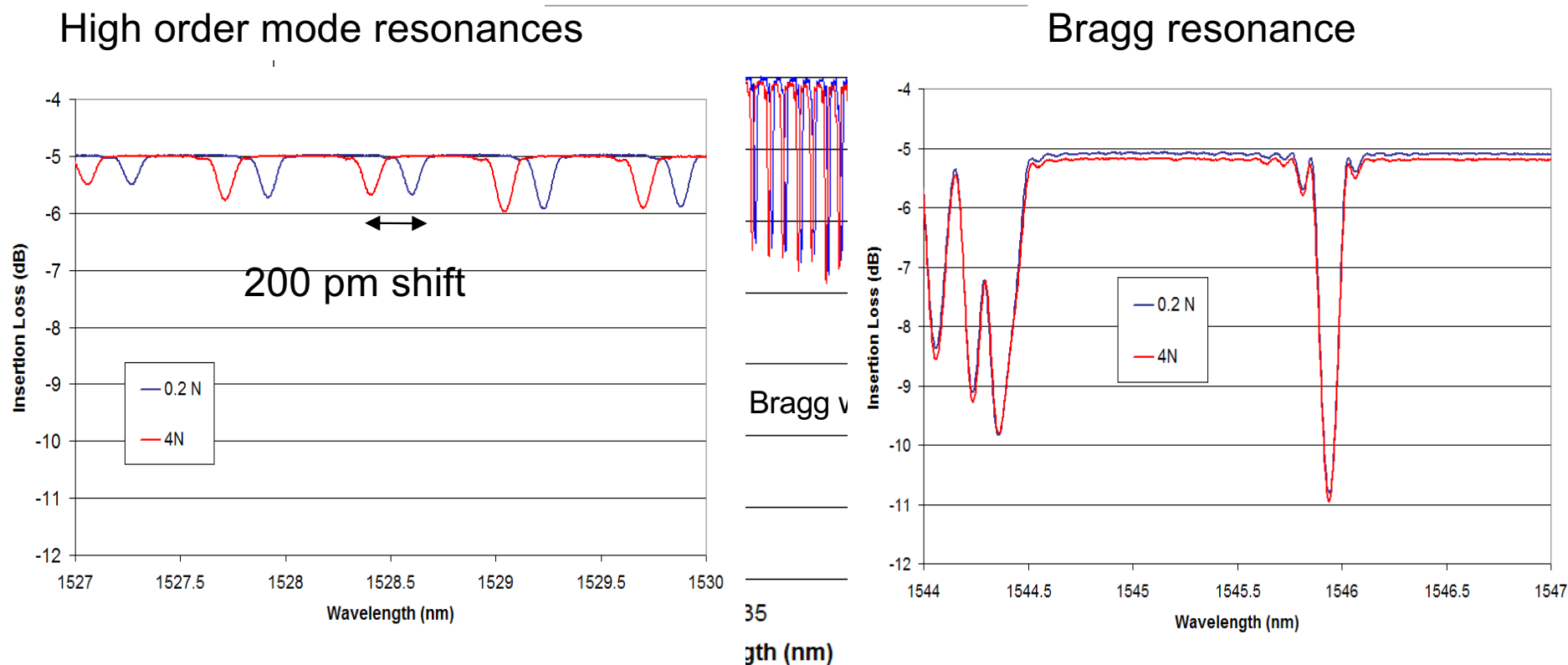
# Temperature sensitivity

The cladding modes resonances translate almost exactly with the Bragg peak as the temperature changes



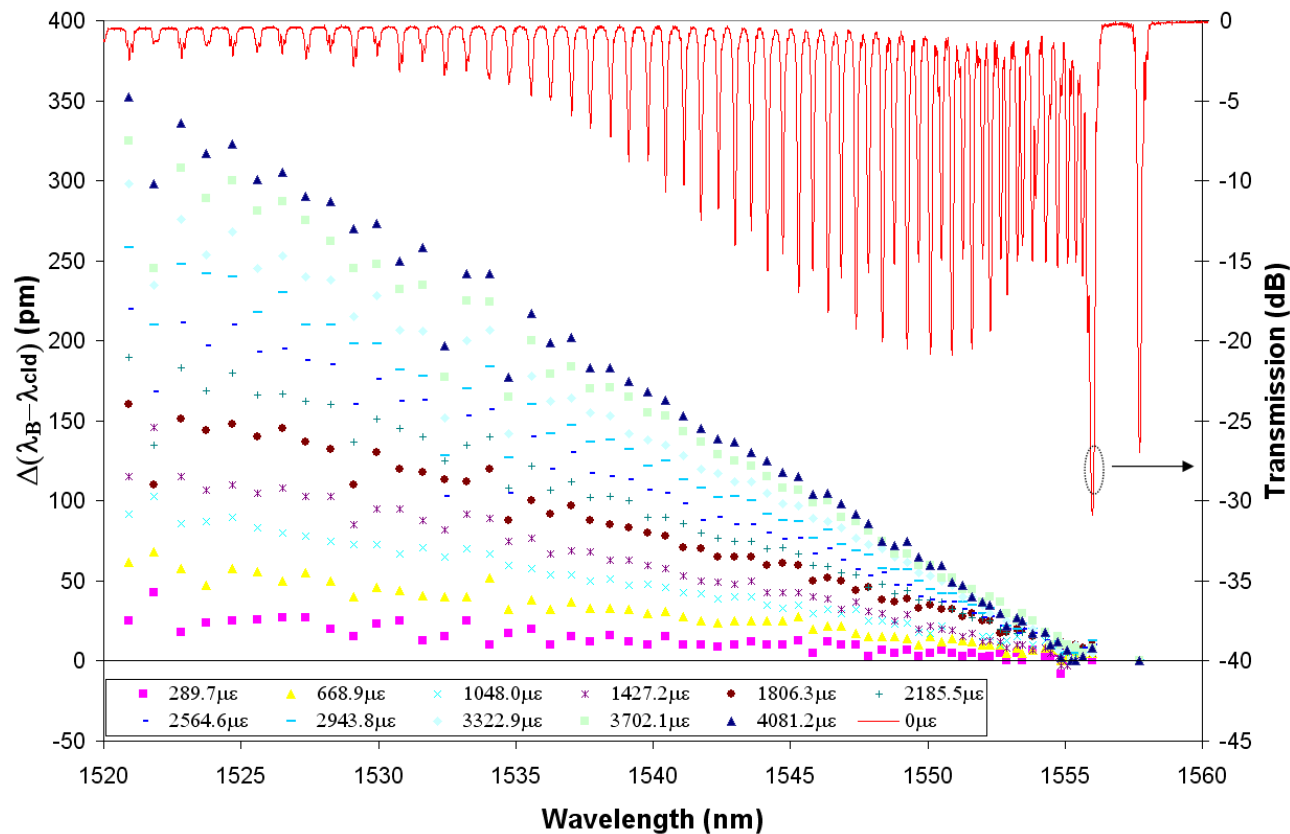
## Axial strain sensitivity (1/2)

The cladding modes resonances do not translate exactly with the Bragg peak as the axial strain is applied



## Axial strain sensitivity (2/2)

The shift between the Bragg wavelength and a cladding mode resonance increases with the axial strain and the mode order

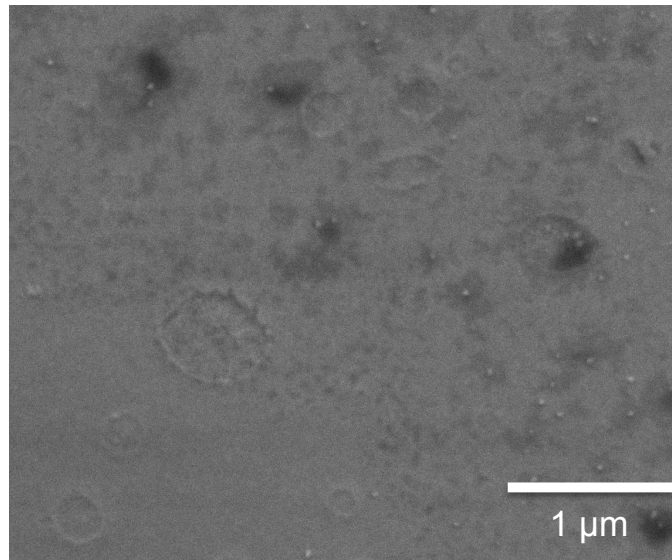


# Gold is deposited by sputtering

## ❑ Sputtering

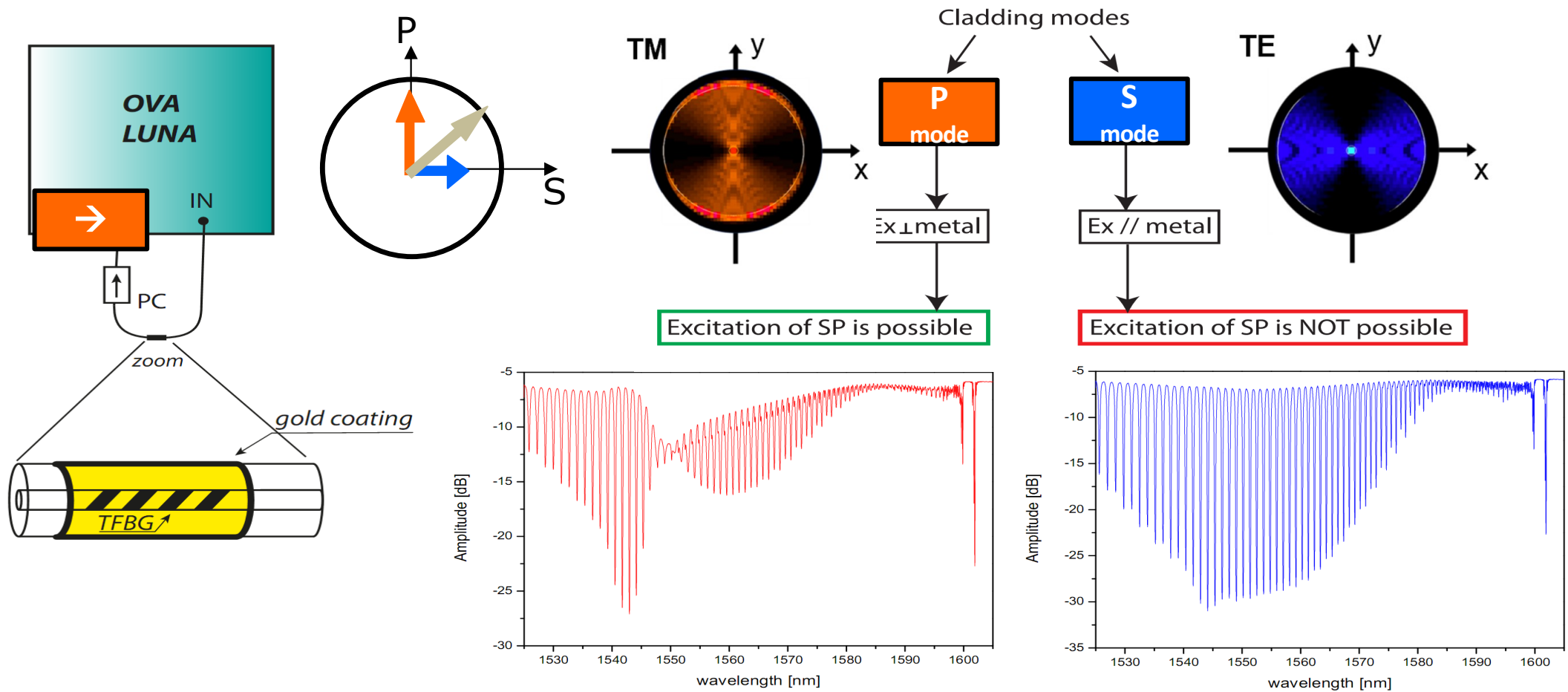
- Use of a sputter coater (Leica EM SCD500) with 99.99 % purity gold target
- Gold thickness measured by a built-in Quartz microbalance

## ❑ Thermal annealing to improve adhesion



→ Good uniformity of the gold sheath

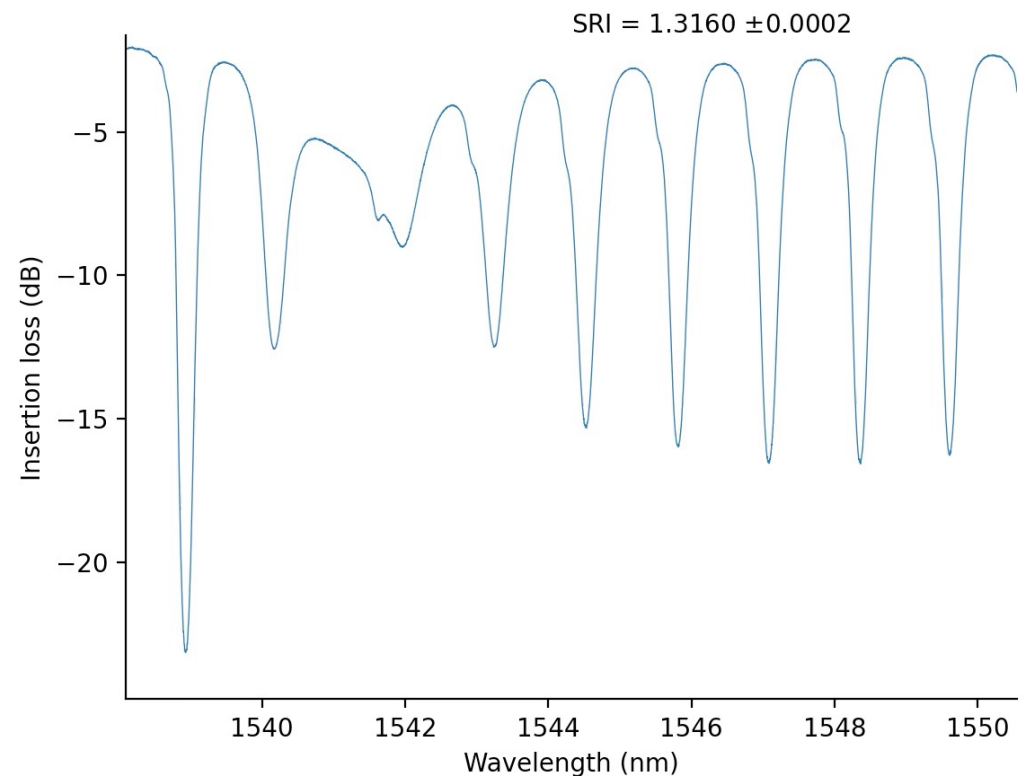
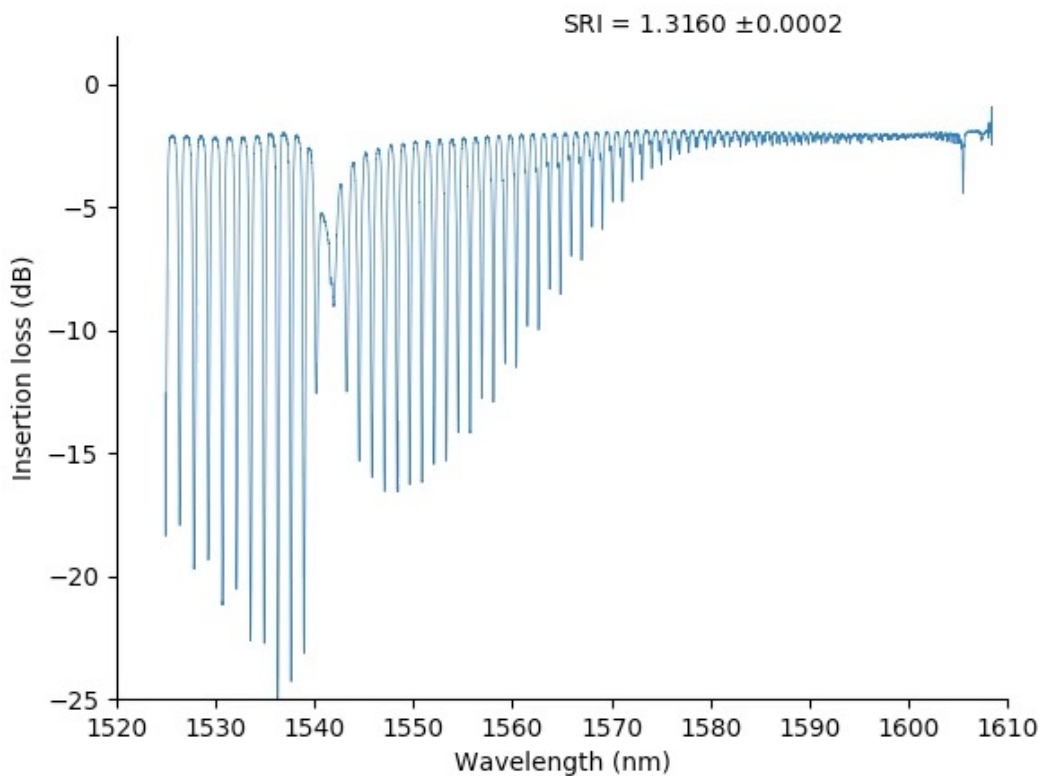
# For clean SPR generation in liquids, the optimal gold thickness lies between 30 and 50 nm



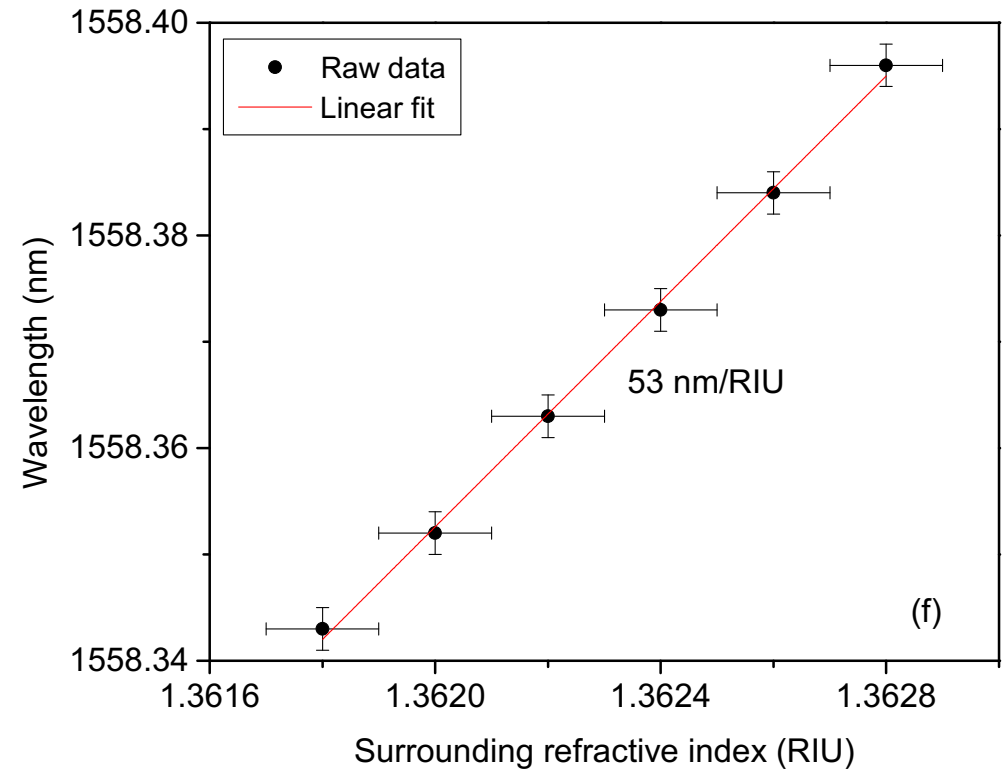
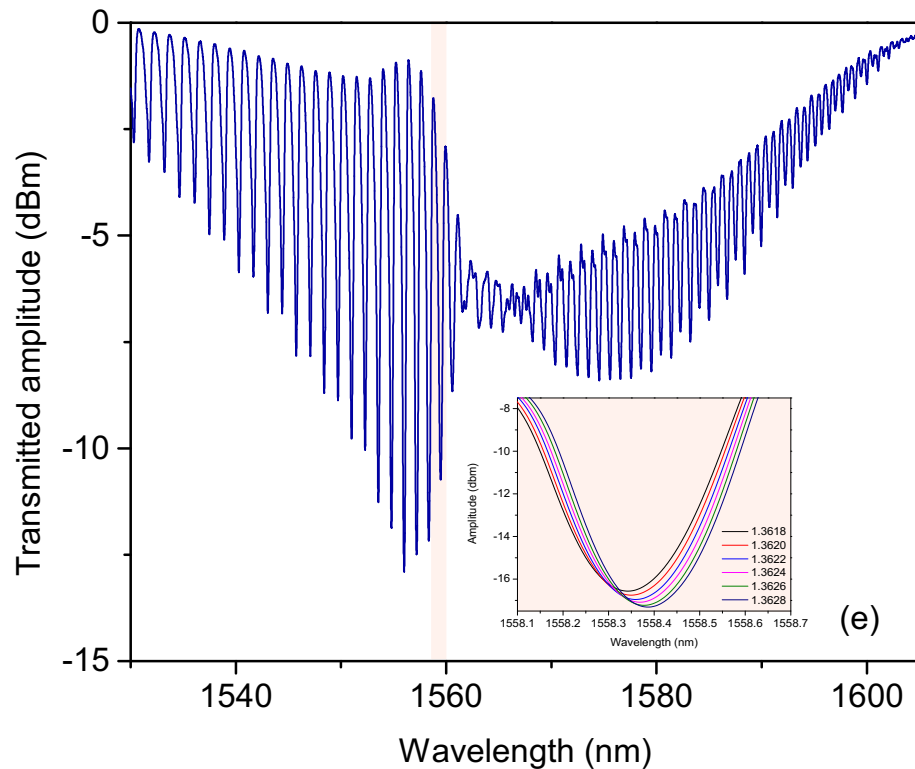


# The SPR mode shifts in wavelength and in amplitude in response to refractive index changes (1/2)

Change of the surrounding refractive index

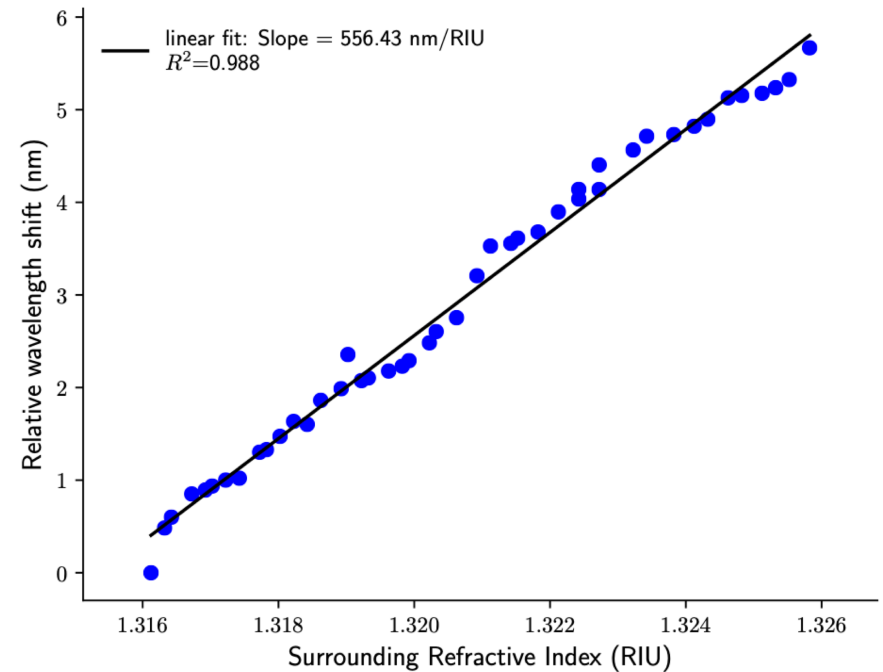
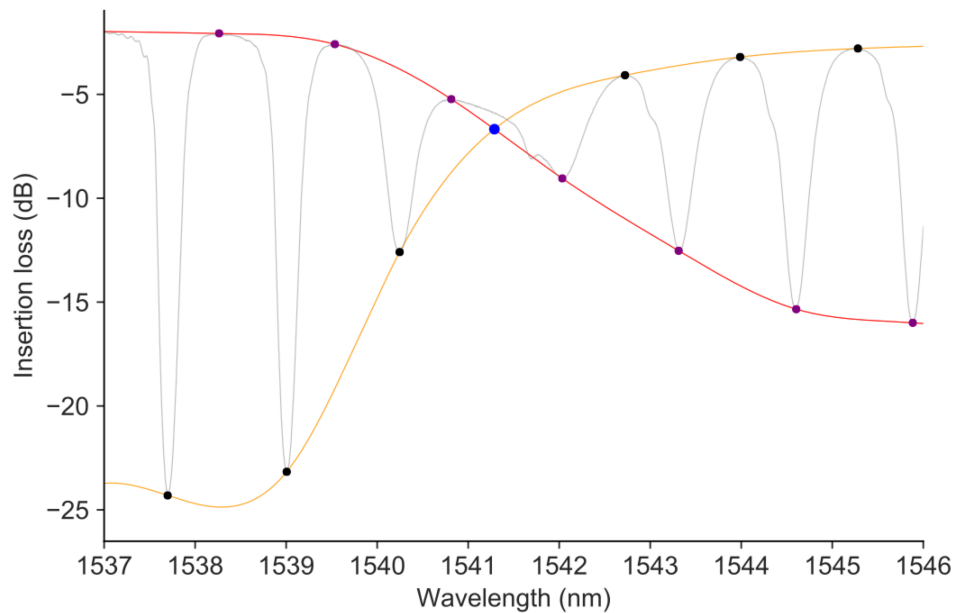


# The SPR mode shifts in wavelength and in amplitude in response to refractive index changes (2/2)



- ❑ Linear evolution:  $\sim 50$  nm/RIU for single-peak tracking
- ❑ Possibility to tune the SPR wavelength by playing on the grating period

# The demodulation from the envelopes of the spectrum yields the ultimate sensitivity



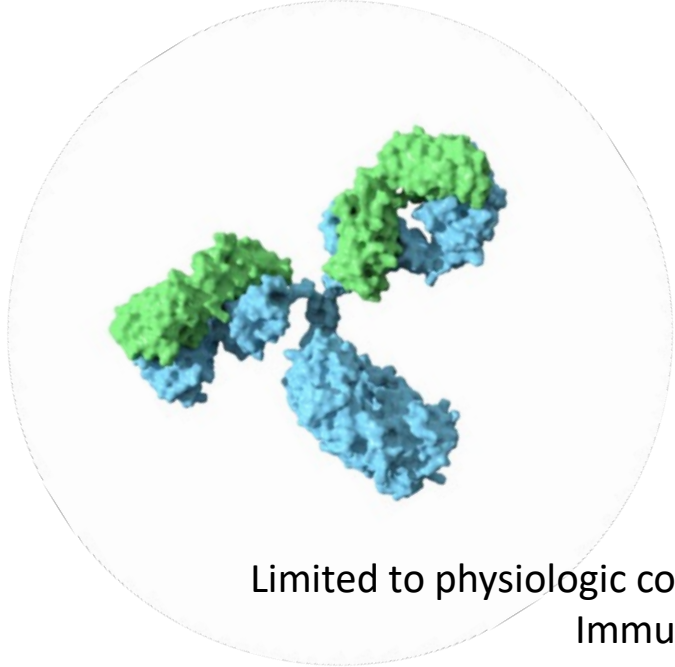
❑ Linear evolution:  $\sim 550$  nm/RIU

M. Lobry *et al.*, J. Lightwave Technol. **39**, 7288 (2021)

❑ Can be readily implemented in a real-time signal analysis

# The functionalization on gold is a 2-step process

## BIORECEPTORS



Antibodies

~15 nm  
125 kDa

Limited to physiologic conditions (pH, T)  
Immunogenic targets

Produced *in vivo* / cell cultures  
Low amount, expensive  
Batch-to-batch variations

High Affinity, High Specificity  
Large panel commercially available

Aptamers

*aptus* (Latin): to fit  
*meros* (Greek): part

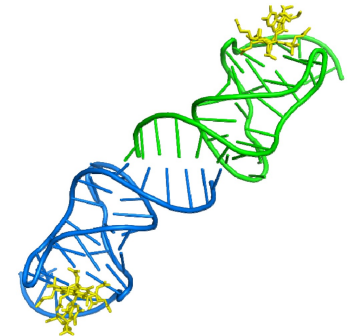
« Nucleic Acid Antibodies »

~2 nm  
5-25 kDa

More stable (pH, T), longer shelf life  
Immunogenic and non-immunogenic targets

Produced *in vitro* and easy to modify (5', 3')  
Large amount, expensive  
Improved batch-to-batch consistency

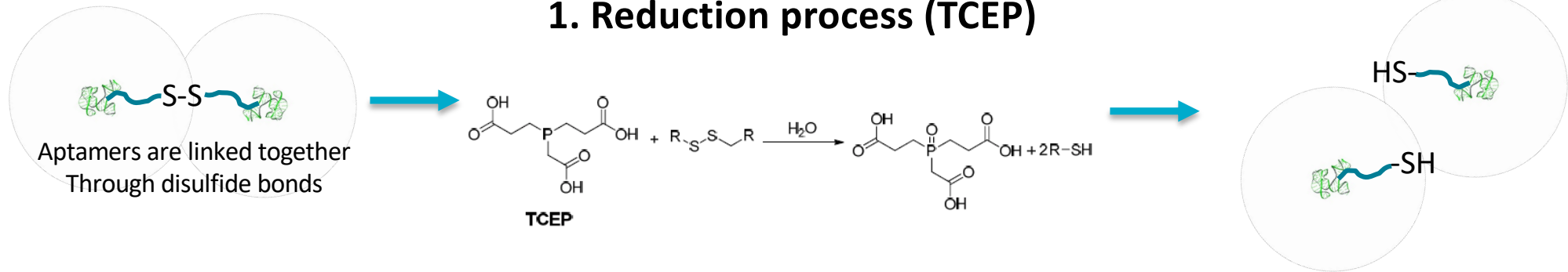
High Affinity, High Specificity  
Not yet widely available



# The functionalization on gold is a 2-step process

Thiolated-Aptamers

## 1. Reduction process (TCEP)



## 2. Immobilization on gold-coated TFBGs



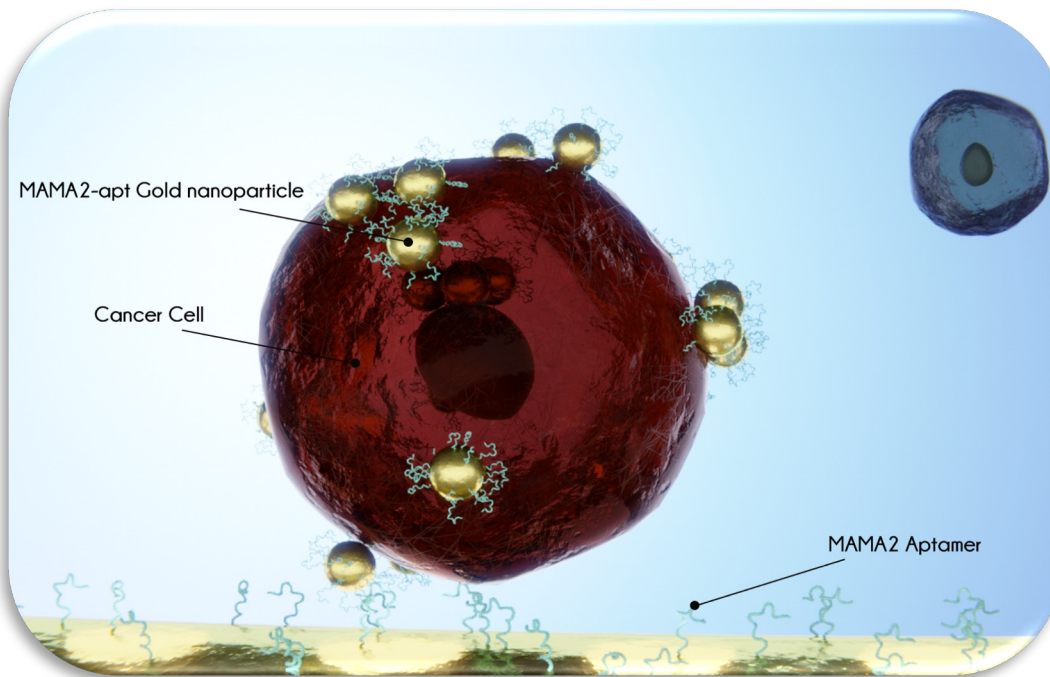
M. Lobry *et al.*, Biomed. Opt. Express **11**, 4862 (2020)

M. Loyez *et al.*, ACS Sensors **5**, 454 (2020)

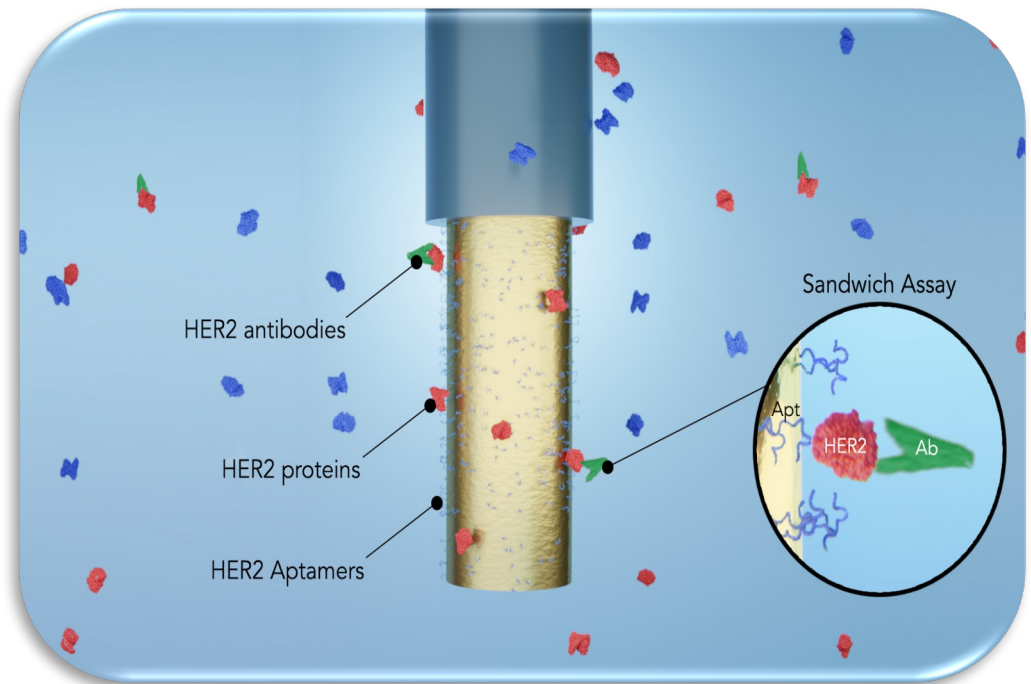


# Examples of *in vitro* bioassays

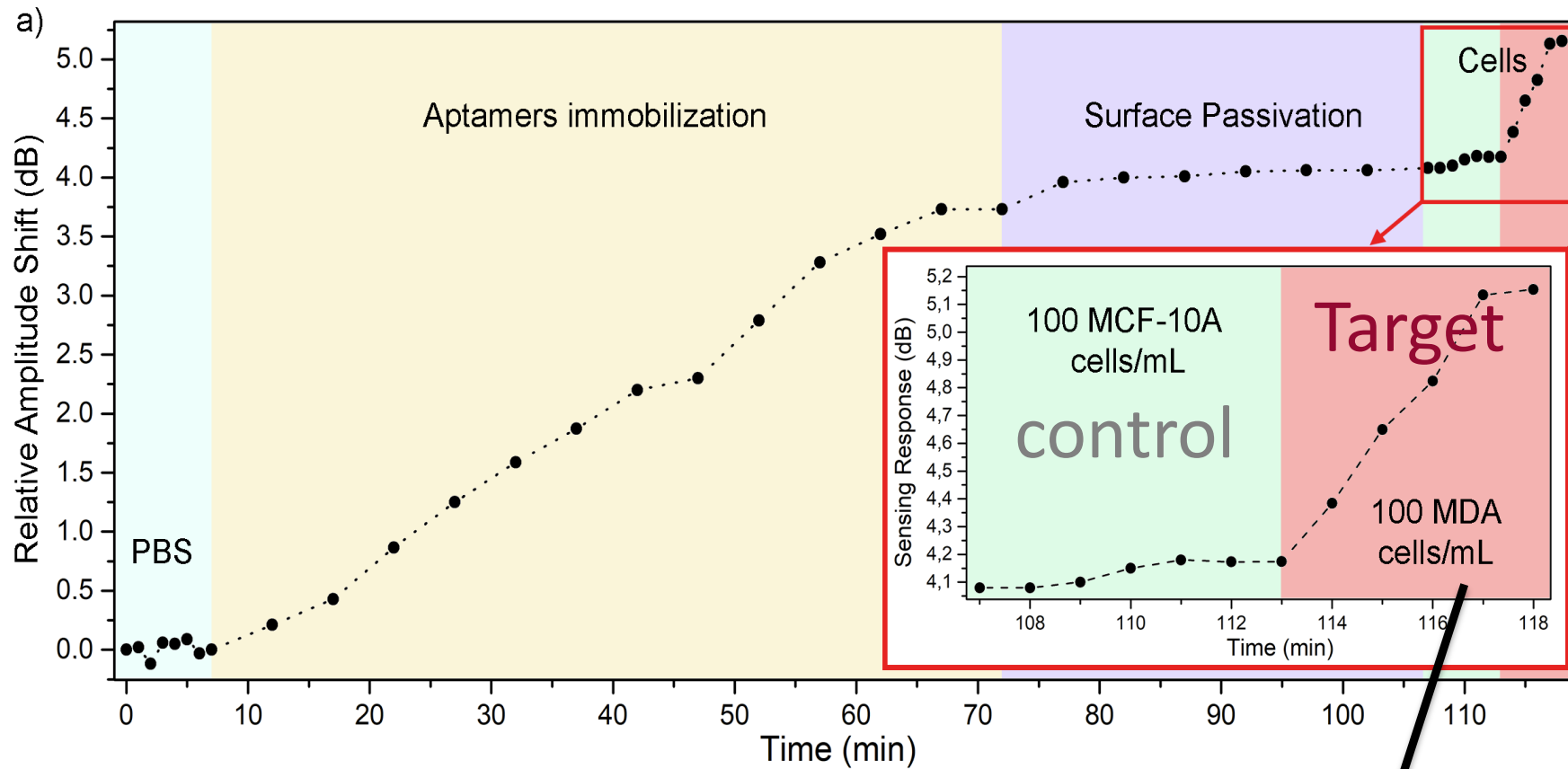
## Mammaglobin-protein detection on cancer cells



## Human Epidermal Receptor 2 (Breast Cancer Biomarker)

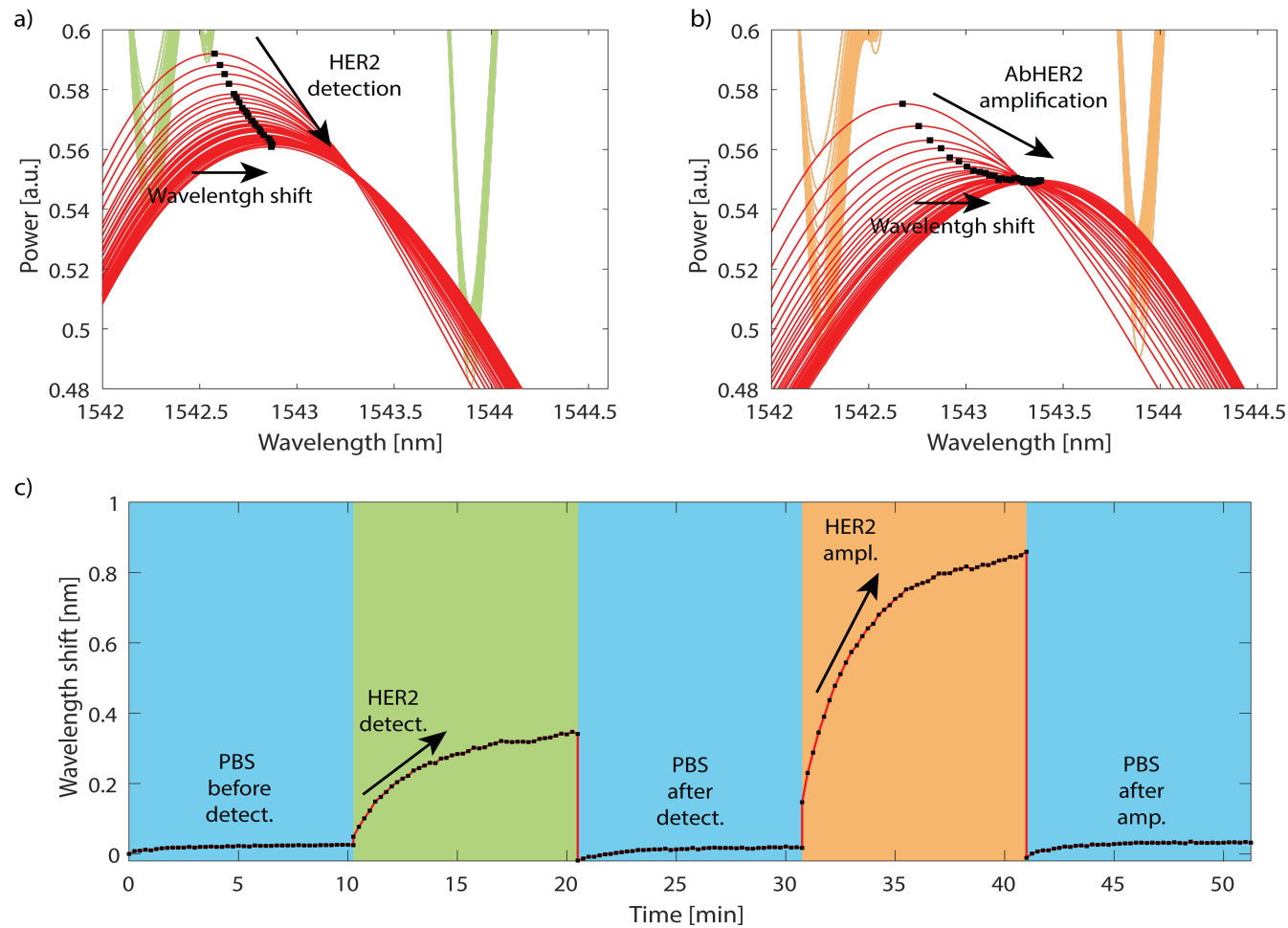


# Mammaglobin-protein detection on cancer cells

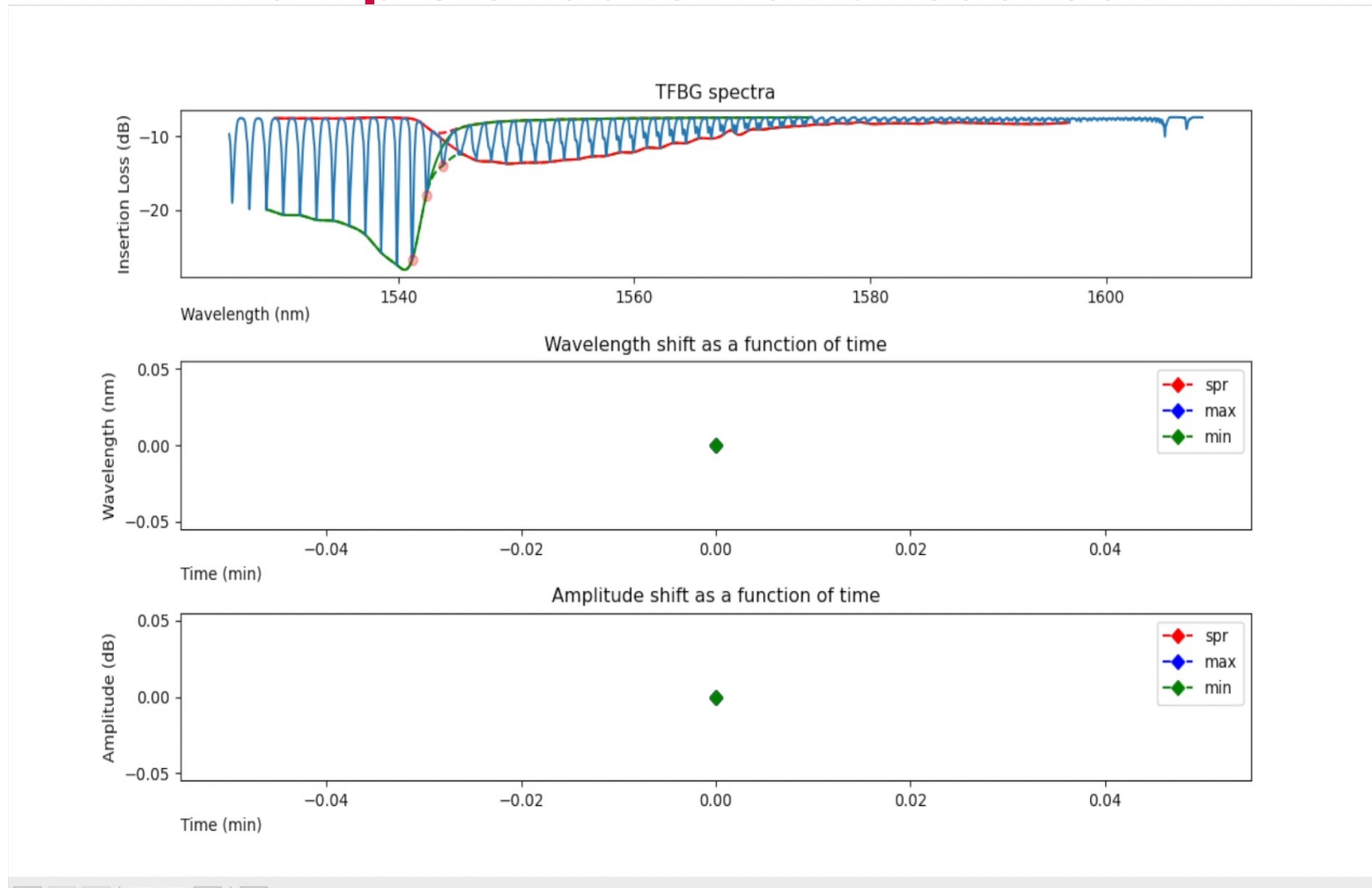


Specific detection of targeted cancer cells

# HER2 detection & Signal amplification using antibodies



# Example of automatic read-out



# The spectrum of a TFBG is very rich and its read-out has been the subject of numerous recent works!

- Enhance the performances
- Provide real-time and cost-effective solutions

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JOURNAL OF LIGHTWAVE TECHNOLOGY, VOL. 40, NO. 9, MAY 1, 2022

## Machine Learning Approach to Data Processing of TFBG-Assisted SPR Sensors

Eugeny D. Chubchev , Kirill A. Tomyshev, Igor A. Nechepurenko, Alexander V. Dorofeenko, and Oleg V. Butov 

976 Vol. 48, No. 4 / 15 February 2023 / *Optics Letters* **Letter**

### Optics Letters

#### Plasmonic biosensing with tilted fiber Bragg gratings interrogated using a 512-pixel spectrometer

MAXIME LOBRY,<sup>1,\*</sup>  CORENTIN GUYOT,<sup>2</sup> DAMIEN KINET,<sup>1,2</sup>  KARIMA CHAH,<sup>1</sup>  AND CHRISTOPHE CAUCHETEUR<sup>1</sup> 

<sup>1</sup>Electromagnetism and Telecommunication Department, University of Mons, 31 Bld Dolez, 7000 Mons, Belgium









<sup>2</sup>B-SENS SPRL, 31 Bld Dolez, 7000 Mons, Belgium

 **sensors**



Article

#### Relevance of the Spectral Analysis Method of Tilted Fiber Bragg Grating-Based Biosensors: A Case-Study for Heart Failure Monitoring

Miguel Vidal , Maria Simone Soares , Médéric Loyez , Florinda M. Costa , Christophe Caucheteur , Carlos Marques , Sónia O. Pereira  and Cátia Leitão 

<sup>1</sup> Physics Department & I3N, University of Aveiro, 3810-193 Aveiro, Portugal; miguelvidal@ua.pt (M.V.); msimone.fsoares@ua.pt (M.S.S.); flor@ua.pt (F.M.C.); carlos.marques@ua.pt (C.M.); sonia.pereira@ua.pt (S.O.P.)

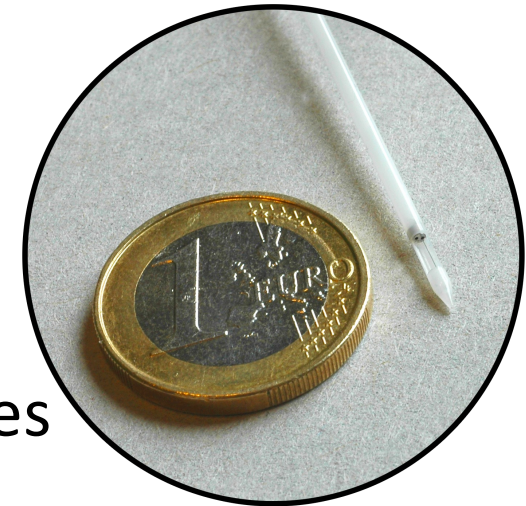
<sup>2</sup> Electromagnetism and Telecommunication Department, University of Mons, 31 Bld Dolez, 7000 Mons, Belgium; mederic.loyez@umons.ac.be (M.L.); christophe.caucheteur@umons.ac.be (C.C.)



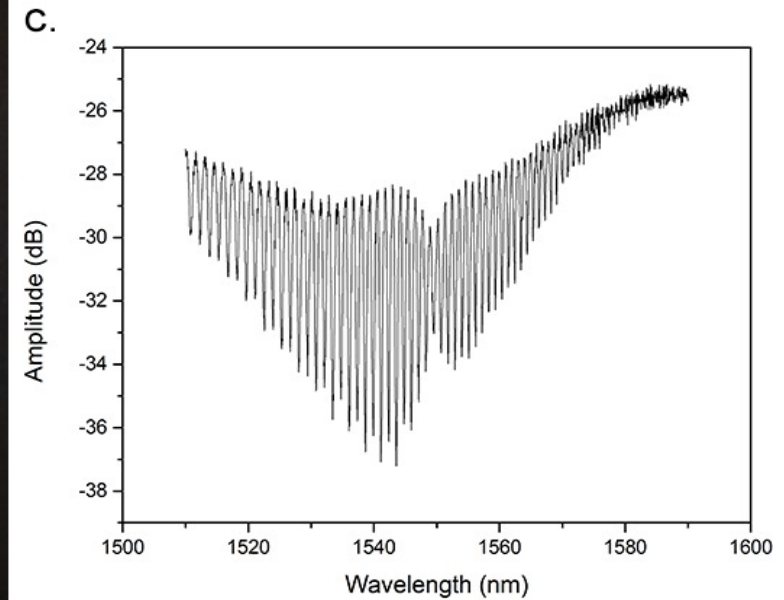
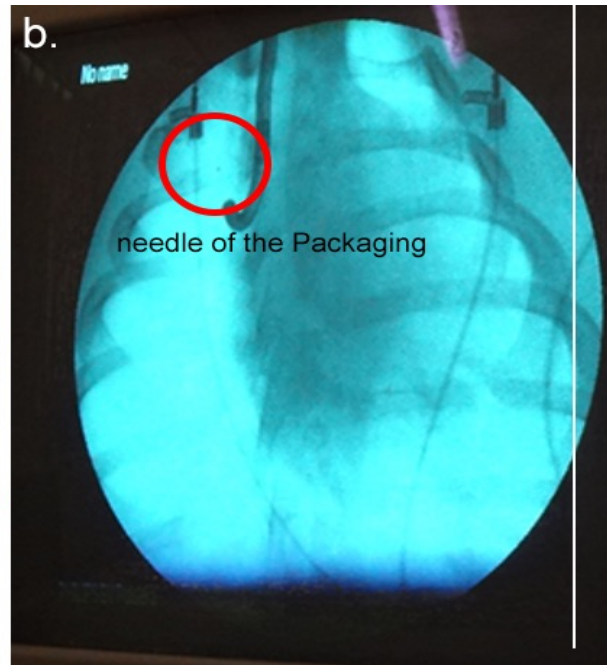
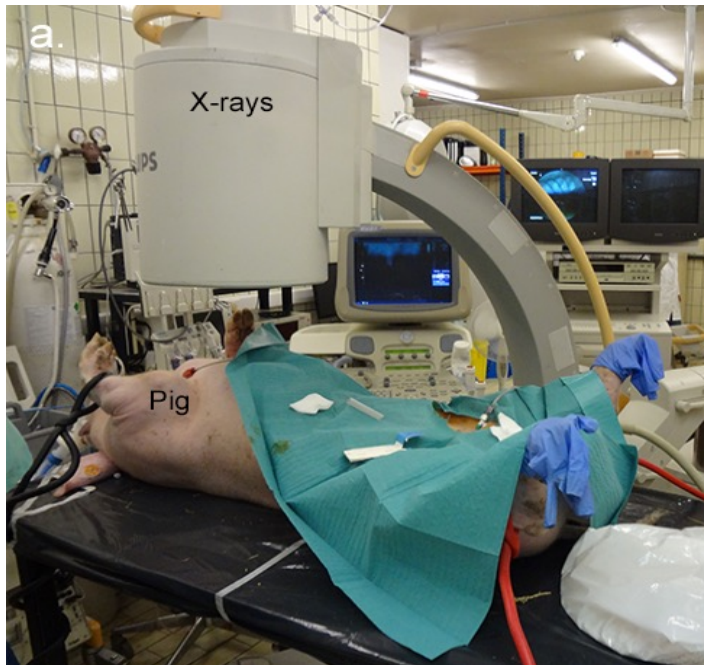
## Our sensors are also developed for *in vivo* diagnosis

- ❑ Dedicated packaging
  - ✓ Biodegradable polymer valve operational in a catheter
  - ✓ Stainless steel blocks to hold the fiber sensors
- ❑ Discrimination between healthy and tumorous tissues

M. Loyez *et al.*, Biosens. Bioelectron. **131**, 104 (2019)



# Towards *in vivo* experiments...



- Biosensor inserted into the operating channel
- Live operation in a pig
- Record of an SPR signature within a living body



# In conclusion

- ❑ Tilted fiber Bragg gratings are multiparametric sensors
  - Suited to measure **temperature** and **strain** or **compensate** them
  - **Low cost** (pigtailed standard single mode fiber, any wavelength)
  - **Robust** system with ample evidence of repeatability and high sensitivity
- ❑ In biosensing
  - **Low loss** system to probe molecular interactions or other reactions
  - **Limit of detection** suited for target applications in cancer diagnosis

